


natural. healthy. life.



GESUNDHEITSRESORT  
FREIBURG



## Pampered relaxation, successful conferences!

Start your day with an inspiration view of the Mooswald forest - a joy to behold at any time of year. Our cozy hotel rooms are havens of rest and relaxation. Whether you are spoiling yourself with a short holiday break, participating in a successful conference with colleagues and staff or rewarding them with an incentive trip: one thing is certain - you will be energized!

With us, holistic relaxation also means culinary enjoyment: experience our excellent cuisine in the Mooswald Restaurant, where you are always assured of a dash of finesse whether enjoying a regional speciality or a vitality meal. Experience a relaxing and refreshing stay with us in comfortable surroundings.



## A wide variety of options!

From the Mooswald area, it is quick and easy to explore the entire region – for example:

- Hiking in the Southern Black Forest Nature Reserve
- Good food and wine in the Kaiserstuhl region
- Shopping in the metropolis of Breisgau
- The delights of Freiburg
- Cultural sites in Switzerland
- Delicious dining in romantic Alsace

## Much more than wellness!

Take good care of your most precious possession: your health! The Freiburg Health Resort, in the heart of the Mooswald landscape reserve, offers excellent options for rest, relaxation and recuperation. With us you will enjoy much more than wellness. Our 'Feel Good' concept incorporates active fitness, restorative wellness, competent medical advice and excellent hotel standards. You can also discover one of Germany's most beautiful vacation regions: enjoy the Badian sunshine and get to know the delights of Freiburg and the border triangle formed by Germany, France and Switzerland.



Together we will make  
your stay in the Freiburg  
Health Resort a lasting  
and memorable experience!

## We take good care of your health!

Competent medical advice, innovative concepts and the latest technology – these are the strengths which the Mooswaldklinik adds to the health resort. We enjoy an excellent reputation as one of the leading institutions in the field of orthopaedic/traumatological rehabilitation and prevention. In addition to our classic range of services for inpatient and outpatient rehabilitation and therapy, we strive to constantly expand our spectrum, for example in the areas of individual and workplace health promotion. To ensure that you are fit enough to cope with your daily life and routine, our experts have developed a variety of health concepts – tailor-made to suit your requirements. Our guests and patients receive excellent care according to the latest scientific principles from our highly capable and well trained staff.





## Our 'Feel Good' programme:

- Find tranquility and quietude in the comfort of our Dorint Hotel
- Indulge in culinary pleasures in the Restaurant Mooswald
- Relax in the Keidel Mineral Thermal Baths
- Revitalize with our holistic health and wellness concepts
- Regenerate in the Mooswaldklinik
- Experience nature in the Mooswald landscape reserve

## Your wellbeing is our top priority!

Dedication, enthusiasm and competence – these are the values embraced by the Dorint Hotel An den Thermen and the Mooswaldklinik, in conjunction with their co-operation partner, the Keidel Mineral Thermal Baths. A comprehensive health check in the clinic, an indulgent wellness afternoon in the hotel and an extensive sauna session in the thermal baths – here your wellbeing enjoys the best possible care and attention. Especially for you, we have developed well-balanced, individually tailored health concepts. Medical Fitness, a programme developed by doctors and therapists, boosts your performance and helps to maintain your verve and vitality.

Medical Wellness stands for preventive health care from the outside inwards: massages, relaxing medical beauty or revitalizing medical spa treatments help to restore your inner balance! Because holistic wellbeing is important to us – your wellbeing!





## GESUNDHEITSRESORT FREIBURG

Freiburg Health Resort

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